

Fall/Winter 2013-2014 Newsletter



For your convenience, The Bellbrook-Sugarcreek Park District now offers online registration and can accept credit card payments for program fees, rentals, and deposits. We are happy to serve our residents better!



At a Glance: check inside for more details

- **Holiday Nature Crafts**
Saturday, December 7, 2013, 7-8pm Pg 4
- **Christmas in the Park**
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- **Sundaes on Sunday**
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- **Food, Fitness and Fun**
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- **Natural Arts Fest**
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Stay up-to-date by checking the Bellbrook-Sugarcreek Park District's website! Please log on to...

www.bellbrooksugarcreekparks.org
or find us on Facebook!



Park Levy Information – Issue 21

The Bellbrook-Sugarcreek Park District will have an issue on the November 5th, 2013 ballot to renew the .4 mill operating levy that was approved by voters in 2009. Issue 21 will be for the renewal of the Park District's .4 mill levy and will provide funding for park operations for a 10 year period. The cost of this levy is approximately \$12.25 per year for each \$100,000 of your home's appraised value.

The 2013 levy will provide funding to operate current and future park facilities such as:

- Maintain facilities – playgrounds, Community Center, hiking trails and paths, shelters and athletic fields.
- Target and acquire land to preserve as open space and park land.
- Plan and develop new parks and trail systems.
- Provide administrative services, volunteer opportunities, and publications.
- Develop and conduct year-round educational and nature programs.

This overview is intended only to provide information about your Park District's levy.

Top 10 Reasons Parks Are Important

By Richard J. Dolesh, Monica Hobbs Vinluan and Michael Phillips

Public parks and recreation offers countless value to our citizens and to our country. As advocates and supporters of parks and recreation who live these values every day, we may sometimes take the uncounted benefits of parks and recreation for granted. So we don't lose sight of the forest for the trees, every once in awhile it is useful to remind ourselves of these basic values and reaffirm their essential worth.

The following "top 10" list of park and recreation values is in no particular order; rather, it encompasses the range of why we collectively believe that public parks and recreation is an essential part of our national heritage:

1. Public parks provide millions of Americans with the opportunity to be physically active. Physical activity is an essential part of an individual's efforts to stay healthy, fight obesity and prevent chronic conditions that lead to coronary disease, high blood pressure and diabetes. Having close-to-home access to places where one can recreate is one of the most important factors linking whether people will become active and stay that way.
2. Parks have true economic benefits. Proximity to a developed state, regional or community park improves property value. The economic benefits of park and recreation areas are manifold, but one of the most significant is the increase in value of private land adjacent or near protected public land. The proximity of parks to residential areas leads to increased value of private land, a higher tax base and ultimately many economic benefits to a community including increased local and regional revenue from heritage tourism, steady jobs, and numerous small business benefits. Park and recreation areas are economic engines that improve the quality of life and make communities livable and desirable for businesses and homeowners.
3. Parks provide vital green space in a fast-developing American landscape, and provide vegetative buffers to construction and

development, thus reducing the effects of sprawl. More importantly, parks and public lands also provide groundwater recharge areas, floodplain protection, natural sound barriers, stormwater protection from wetlands, reductions in heat island effects, and carbon uptake from wetlands, reductions in heat island effects, and carbon uptake from abundant trees and vegetation. Parks keep our living environment healthy.

4. Parks preserve critical wildlife habitat. As our nation develops and our rural, agricultural and forest landscape is being lost, open space and wildlife habitats are disappearing at an alarming rate. The connected network of local, regional, state and national parks across our country provide permanently protected wildlife habitat corridors for thousands of indigenous and migratory wildlife species. In addition, stream valley parks and community parks allow natural wildlife to co-exist with people while providing enjoyment and educational opportunity for children and families.

5. Parks and recreation facilitate social interactions that are critical to maintaining community cohesion and pride. Parks provide a meeting place where community members can develop social ties, and where healthy behavior is modeled and admired. People gather to share experiences, socialize and to build community bonds in common green spaces. These public commons are often the glue that holds the community together and the means to maintaining and improving future positive social interactions.

6. Leisure activities in parks improve moods, reduce stress and enhance a sense of wellness. In an increasingly complex world, more and more people are placing a high value on achieving the feelings of relaxation and peacefulness that contact with nature, recreation and exposure to natural open spaces bring. People go to the park to get in a better mood, to reinvigorate themselves and to decrease the anxieties of daily life.

7. Recreational programs provide organized, structured, enjoyable activities for all ages. The diverse range of recreational programs offered by public park and recreation agencies offers all Americans the opportunity to develop the skills

necessary to successfully and confidently engage in sports, dance, crafts and other social activities. Public recreation leagues and classes offer seniors, adults and children alike the opportunity to interact with coaches and teachers who often turn into mentors and role models. Quality recreational programs facilitate safety, good sportsmanship and community participation.

8. Community recreation services provide a refuge of safety for at-risk youth. Many parents are rightfully concerned with the dangers of unstructured "hanging-out" or unsupervised after-school activities. Community recreation programs at public park and recreation facilities provide children with a safe refuge and a place to play, which are important in reducing at-risk behavior such as drug use and gang involvement. Recreational programs led by trained leaders offer children healthy role models and give valuable life lessons to help steer youth to a future of promise and opportunity for success.

9. Therapeutic recreation is an outlet that individuals with disabilities have to be physically active, socially engaged and cognitively stimulated. A goal of all public recreation agencies is to provide access to all people. Public park and recreation agencies are the largest providers in America of high-quality, life-enhancing therapeutic recreation programs and interventions. Such programs prevent the on-set of secondary conditions due to inactivity; improve physical, social, emotional and cognitive functioning; and slow the onset of regressive conditions.

10. Public parks embody the American tradition of preserving public lands for the benefit and use of all. Since the creation of the first national park and the subsequent development and growth of state, regional and local park systems in virtually every part of our nation, Americans have had a special relationship with their parks and public lands. A love of parks is one of the defining characteristics of our national identity. Americans love their parks, historical sites, national monuments, recreation areas and public open spaces because they bring such joy and pleasure to all people. In addition, the American public has shown time after time that they are willing to care for their parks, protect them, and pay for them.



CHRISTMAS IN THE PARK



DATE: Saturday, 12/14/13 at 5-7pm

AGES: For all ages

COST: FREE event

LOCATION: Bellbrock Park

Come out for a Bellbrock Park tradition! The park lighting ceremony at 5pm, local music groups performing the seasonal favorites, hot chocolate and a visit by the big jolly man himself. See our website

for details on the schedule of activities. Canned food items or new/gently used winter hats and gloves will be collected and donated to the Family Resource Center. There will also be a bake sale that will benefit Partnerships for Success, a high school group that volunteers to partner with the park district for this event. It is an evening with family and friends at Bellbrock Park as you get into the holiday spirit.

The 5th annual Gingerbread House Contest will be featured during Christmas in the Park. Entries need to be dropped off at Bellbrock Park from 4-5pm. Judging will take place afterwards. All entries may not exceed a 2'x3' base and must be made from at least 75% food products. The winners will be announced during the festival.



Gingerbread House Contest Categories:

- Child 10 and under
- Child 11-17
- Adult (individuals 18 and older)
- Family
- Community Group/Business



Arts and Crafts

KNITTING 101

11/6, 11/20, 12/3, 12/18, 1/15, 1/27 or by appointment at 5-6pm

Have you ever wanted to try knitting? It's not too late to learn! Anyone can learn the basics of knitting in one class, no exceptions! This pressure free class will be taught by instructor Alison Pifer who has been knitting for 20 years. Alison has taught numerous men, women, young and old how to knit since 2002. Register 2 days before each class.

Ages: 16-116

Cost: \$15.00 for residents; \$25.00 for non (costs includes take home supplies)

Location: Community Center

hats! You will learn the basics of knitting on round needles in order to create three dimensional knitting projects. Please bring your favorite yarn. Please give 2 days notice.

Ages: 16-116

Cost: \$10.00 for residents; \$20.00 for non (costs includes take home supplies)

Location: Community Center

KIDS KNITTERS 4 BEGINNERS!

11/6, 11/20, 12/18, 1/20, 1/29, 2/14 and 2/17 at 3pm-4pm

Knitting is a positive hobby your child will have for years to come! Knitting promotes healthy fine motor skills, brain development and relaxation. They will learn basic knitting in a fun atmosphere. Register 2 days before each class.

Ages: 8-15

Cost: \$15.00 for residents; \$25.00 for non (costs includes take home supplies)

Location: Community Center

designs. The cards can be bundled to give as a gift or used to send out during this holiday season. Please bring your favorite scissors and adhesive. All other supplies, including envelopes will be provided. Registration required by 10/31.

Ages: Adult

Cost: \$10.00 for residents; \$15.00 for non (plus a \$15.00 Kit Fee paid directly to instructor at the class)

Location: Community Center

SIMPLE THANK YOU GIFTS/ PARTY FAVORS

Thursday, 11/14 at 1:00 - 3:00 pm

It is that time of year when we begin thinking of teacher gifts and party favors. This class shows you unique ways to make gifts extra special using items such as hot chocolate, candies or other fun add-ons. Please bring your favorite scissors and type of adhesive. All other supplies are provided. Please register by November 7th.

Ages: Adult

Cost: \$10.00 for residents; \$15.00 for non with a \$10.00 Kit Fee (Paid directly to instructor at the class)

Location: Community Center

KNITTING 102:

Now let's try round!

Wednesdays and Thursdays, by appointment

Now that you have the knitting stitch down, it is time to learn how to make

HOLIDAY CARD CLASS

Thursday, 11/7/13 at 1-3pm or 7-9pm

If you enjoy making and/or sending handmade cards, this class is for you! We will be making 16 holiday cards; four cards each of four different

HOLIDAY TAG CLASS

Thursday, 11/21/13 at 1-3pm or 7-9pm

Create your personalized tags for gifts this season! We will be using creative techniques to make 20 holiday tags. If you enjoy adding a handmade touch to your holiday packages, you will not want to miss this class. Please bring your favorite scissors and adhesive. All other supplies will be provided. Registration required by 11/11.

Ages: Adult

Cost: \$10.00 class fee for residents; \$15.00 class fee for non (plus a \$10.00 Kit Fee paid directly to instructor)

Location: Community Center

HOLIDAY NATURE CRAFTS

Saturday, 12/7/13 at 7-8pm

Create some fun nature crafts with Naturalist Kendra Schide for the holiday season. Learn how to make teasel mice, nutty critters and pine cone Christmas trees just to name a few. Registration required by 12/5.

Ages: For all ages (children need to be with an adult)

Cost: \$5.00 for residents; \$10.00 for non

Location: Community Center

CREATIVE TAGS & CARDS

Thursday 2/12 or Thursday 3/12 at 1:00 – 3:00 pm

If you enjoy making people feel special, you will love this class! We will be making a variety of tags and cards preparing for upcoming seasons/ events. Each class will be unique ideas and uses for items you may have around the house. You will be amazed how easy and quick you can add something special to that next gift. Join us for this fun filled class using creative techniques with paper and embellishments. Please bring your favorite scissors and type of adhesive. All other supplies are included. Please

register by February 5th or by March 5th.

Ages: Adult

Cost: \$10.00 with a \$5.00 Kit Fee (Paid directly to instructor at the class)

Location: Community Center

CREATIVE TECHNIQUES

Monday, 3/10/13 at 10am-12pm

This class will be offered on a regular basis to provide you the opportunity to make a variety of projects. Each class is a separate session so you may participate in one or all of them. We will be making a variety of projects, using a number of crafting tools, and learning tips and tricks to make unique boxes, bags, cards, tags, and other creative items. Please bring scissors and adhesive such as a tape runner to class. All other supplies will be provided. Registration required by 3/11.

Ages: Adult

Cost: \$10.00 for residents; \$15.00 for non (plus a \$5.00 Kit Fee paid directly to the instructor at the first class)

Location: Community Center

CREATIVE FUN WITH PAPER TWEENS AND TEENS!

Wednesdays, 11/6, 1/8, 2/12, & 3/12 at 3:30-5:30pm

Does your child love art and creating unique items? Check out this fun and creative class! Each class is a separate session so you may participate in one or all of them. We will make a variety of projects, while learning tips and tricks to make unique bags, composition books, scrapbook pages, and other creative projects. Please bring scissors and adhesive such as a tape runner to class. All other supplies are provided. Registration required by 10/28, 12/30, 2/3, & 3/3.

Ages: 11-18

Cost: \$10.00 for residents; \$15.00 for non (plus a \$5.00 Kit Fee paid directly to the instructor at the first class)

Location: Community Center



Family Programs/ Special Events

FAMILY MOVIE NIGHT

Fridays, 11/8 & 12/13; 2014 dates:

1/17, 2/21, 3/21, 4/25, 5/16, 6/13, 7/25, 8/15, 9/26, 10/24, 11/14, 12/12 at 6:30pm

For every movie that your family is able to attend you will earn a point. Families can earn additional points by correctly answering trivia questions. We will calculate each family/ team's overall points for the year, the family with the most points will win a family fun night grand prize! Call for movie of the month details. Registration is preferred for those who wish to have a free snack and drink during the movie.

Ages: For all ages

Cost: FREE event

Location: Community Center

FAMILY BOOK, CD AND MOVIE SWAP

Wednesday, 11/20 at 6:30pm

Do you have books, CDs or DVDs you don't need anymore? Participate in our swap, every family friendly item you bring to the swap you will get a ticket to select another item at the event. Bring your books, CDs, or DVDs (family friendly only please) to the Community Center by 4:30pm on 11/19.

Ages: For all ages

Cost: FREE event

Location: Community Center

SUNDAES ON SUNDAY

Sunday, 1/12/14 at 2-4pm

It might be cold outside, but the fireplace will keep us warm as we eat ice cream sundaes, play board games, and make a drop-in craft together with other families. Registration required by 1/8.

Age: Families

Cost: \$3.00 for resident families; \$5.00 for Non-resident families

Location: Community Center

FOOD, FITNESS, AND FUN: BOONSHOFT MUSEUM OF DISCOVERY EXHIBITS-TO-GO PROGRAM

Saturday, 2/22/14 at 7-8pm

They say we are what we eat! You will see how to brighten your day with colorful foods and experience new fun aspects of living a healthy lifestyle. Through direction from the Children's Medical Center, this program will enlighten participants to an alarming obesity trend in America. Proper food choices, portion control and exercise will be offered as solutions to this problem. Registration required by 2/21/14.

Ages: For all ages

Cost: Free for residents; \$5.00 for non

Location: Community Center

NATURAL ARTS FEST

Saturday, 3/8/14 at 10am-4pm

This 2nd annual Natural Arts Fest will feature items for sale inspired by nature. Professional artists will have paintings, photography, and much more on display. You'll find unique gifts for anyone. Kid activities will also be available. Bring the family and spend the day at one of the most beautiful parks of our community. Rain or shine. No registration required.

Ages: For all ages

Cost: FREE event

Location: Community Center



Fitness Classes

ZUMBA TONING

Tuesdays, (on-going) at 7-8pm; NO Class 11/5, 12/24, & 12/31

When it comes to body sculpting, ZUMBA® Toning combines targeted body-sculpting exercises and high energy cardio work with Latin-infused ZUMBA® moves. Torch calories while strength-training at this dance fitness-party. Learn how to use lightweight, maraca-like Toning Sticks to enhance rhythm and tone target zones, including arms, abs, glutes and thighs. ZUMBA® Toning is the perfect way to sculpt bodies naturally while having a great time. One pound ZUMBA® Toning sticks are provided. ZUMBA® Licensed instructor: Andrea Jemmott

Ages: 14-adults

Cost: \$3.00 drop-in for residents; \$5.00 drop-in for non

Location: Community Center

OKINAWA KARATE

Mondays and Thursdays, (on-going) at 6-7pm, 6-8pm for intermediate students; NO Class 11/28 & 12/26

Okinawa Shogen-Ryu Karate-Do is a traditional martial art that teaches self-defense, discipline, respect and confidence while providing health and camaraderie for young and old alike. Karate is something that parents can do with their children and it can be done for a lifetime. Instructor Brad Earich is a 3rd Degree Black Belt. Uniforms, called keikogi can be purchased from the instructor or from any other source. For more information visit: <http://www.shogen-ryu.org>.

Ages: 7-adults

Cost: \$50.00 per month for residents; \$55.00 per month for non (graduating levels usually takes 12 weeks)

Location: Community Center

HATHA YOGA

Tuesdays, 11/19-12/17, 1/7-2/11 & 2/18-3/25 at 7-8:30pm

Hatha Yoga is a system of relaxation, breathing, exercise and meditation designed to reduce stress and increase energy. This class is for beginning or continuing yoga students who also want to enhance strength, flexibility, and balance. Please wear loose, comfortable clothing and bring a mat or blanket. Registration is required by the Friday before each 6 week session begins. Instructor: Steve Chappell

Ages: Adults

Cost: \$50.00 (6 classes) or \$12.00 drop-in for residents; \$55.00 (6 classes), \$ 15.00 drop-in for non
Registration is still required

Location: Community Center

GENTLE YOGA

Thursdays, 11/7-12/19 No Class 11/28, 1/2-2/6 & 2/13-3/20 at 11:30am-1pm

This class is for beginners as well as more experienced students who want to try a gentle, slower and relaxing practice. We will combine relaxation techniques, proper breathing, gentle stretches and meditation. People with injuries, health problems, or other issues that limit mobility or cause pain can also participate. Please wear loose, comfortable clothing and bring a mat or blanket. Registration is required by the Friday before each 6 week session begins. Instructor: Steve Chappell.

Ages: Adults

Cost: \$50.00 (6 classes) or \$12.00 drop-in for residents; \$55.00 (6 classes) or \$15.00 drop-in for non
Registration is still required

Location: Community Center



Adult Enrichment Nature Programs

MEDITATION 101

Wednesdays, 11/13-12/18, 1/6-2/10, 2/17-3/24 at 7-8:30 pm

Meditation is an ancient technique of training the mind, body, and emotions to be calm, centered, and relaxed. Benefits of meditation include stress management, pain reduction, and inner peace. Students will practice concentration with primary attention focused on the breath. Gentle yoga stretches will be used to prepare for meditation. This class is open to all skill levels. Please wear loose, comfortable clothing and bring a blanket, mat, or cushion to sit on (chairs will also be provided). Registration is required by the Friday before each 6 week session begins. Instructor: Steve Chappell

Ages: Adults

Cost: \$50.00 (6 classes) or \$12.00 drop-in for residents; \$55.00 (6 classes) or \$15.00 drop-in for non - registration is still required

Location: Community Center

TAILS TO TRAILS HIKES

Fridays, 11/1/13 & 3/7/14 at 9-10am

This dog hiking program is a fun way to socialize your pet. Human hikers also welcome! All dogs are required to have a human on a six-foot leash. Dogs must be under control at all times. Bring a towel for muddy paws and a water bowl. This program will be cancelled during inclement weather. Registration is required by the Thursday before the program.

Ages: For all ages (children must be with an adult)

Cost: FREE event

Location: Community Center

BREAKFAST WITH NATURE HIKE

11/6, 1/20, 2/17, & 3/31 at 10-11am

Enjoy donuts and juice before heading out to explore the Gooding Addition. You'll learn about birds, tree ID, and more. Dress to be outside. This program is cancelled during inclement weather. Registration required by 11/4, 1/17, 2/14, & 3/28.

Ages: For all ages (children must be with an adult)

Cost: \$3.00 for residents; \$5.00 for non

Location: Community Center/Gooding Addition

HUNTERS IN THE SKY

Friday, 11/15/13 at 7-8pm

Come learn about special adaptations, hunting techniques, and habitats dealing with birds of prey. The Glen Helen Raptor Center will explain why some birds are endangered, while others are more common. We will talk about their rehabilitation and conservation efforts for special species, such as bald eagles and peregrine falcons. A live falcon, hawk, and owl will be visiting during the presentation. Registration required by 11/14.

Ages: For all ages (children must be with an adult)

Cost: \$3.00 for residents; \$5.00 for non

Location: Community Center

STARGAZING

Saturday, 1/11/14, 5:30-7:30pm at Community Center

Saturday, 3/22/14, 8-10pm at Washington Mill Park

Please join members of the Miami Valley

Astronomical Society (MVAS) for an evening of stargazing. You'll have the opportunity to view the beautiful night sky through their various telescopes. This program will be cancelled during inclement/cloudy weather. No registration required.

Ages: For all ages (children must be with an adult)

Cost: FREE event

ROCK OUR WORLD: BOONSHOFT MUSEUM OF DISCOVERY EXHIBITS-TO-GO PROGRAM

Saturday, 1/25/14 at 7-8pm

Come join Naturalist, Kendra Schide as you learn about igneous, sedimentary and metamorphic rocks. This geologic exhibit will "rock your world" with hands on stations that will allow exploration of rocks, minerals, fossils and soils. The presentation also offers activities that expand on geology in culture, art and entertainment. Registration required by 1/24.

Ages: Families

Cost: \$3.00 for residents; \$5.00 for non

Location: Community Center

WONDERFUL WINTER BIRDS

Monday, 2/17/14 at 1:30-3pm

Learn about the common Ohio birds you'll see at your feeder this winter, as well as what they eat. An Ohio Certified Volunteer Naturalist will teach you about the ways they survive the harsh conditions and what predators they have. You'll also explore the Gooding Addition during a short hike and make a suet cake to take home. Dress for the weather. Registration required by 2/13.

Ages: For all ages (children need to be with an adult)

Cost: \$3.00 for residents; \$5.00 for non

Location: Community Center



Preschool and Youth Programs

A.S.S.E.R.T. KIDS: ACTIVE & SIMPLE SAFETY EDUCATION RESPONSE TRAINING FOR KIDS

Saturday, 11/9/13 at 10-12pm

Monday, 2/17/14 at 10:45-12:45pm

This informative and interactive personal safety program will dramatically increase your child's ability to stay safe by teaching your child how to get help when in trouble, how to identify "bad" people, how to say "no" and mean it, how to respond to a bully and much, much more. The class is physical and involves running, jumping, yelling, and everything kids love. Kids discover that being safe involves having an excellent plan. More information may be seen at www.asserttraining.com. Instructor: Assert Now, Inc. Registration required by 11/4 and 2/10.

Ages: 7-11 year olds

Cost: \$25.00 for residents; \$30.00 for non

Location: Community Center

T-SHIRT DECORATING

Friday, 11/15/13 & Wednesday, 12/18/13 at 2:45-3:45pm

Are you a creative designer? If so, this is the program for you! We'll give you a white t-shirt and provide everything you'll need to let your imagination flow! Registration required by 11/11 and 12/12.

Ages: For all ages (children under 10 need to be with an adult)

Cost: \$10.00 for residents; \$15.00 for non

Location: Community Center

BIRDS OF A FEATHER

Friday, 11/22/13 at 10-11am

Our feathered friends come in many sizes and colors. Come learn about eggs, nests and our state bird. We will even feed the community center birds! An adult companion must attend. Registration required by 11/21.

Ages: 3-6

Cost: \$3.00 for residents; \$8.00 for non

Location: Community Center

PICTURE FRAME DECORATING

Wednesday, 11/27/13 at 10-11am

Start with a wood frame and create a unique place to store a memory! We will provide everything you'll need to create an exciting frame for any room or maybe a special loved one. Registration required by 11/25.

Ages: For all ages (children under 10 need to be with an adult)

Cost: \$5.00 for residents; \$10.00 for non

Location: Community Center

WINTER WONDERLAND PRESCHOOL PROGRAM

Friday, 12/6/13 at 10-11am

Help to welcome the winter season and see what fun things we can do inside during this season. We will find out what objects melt and create our own little snowmen that doesn't! Join us for a fun filled hour of winter activities. An adult companion must attend. Registration required by 12/5.

Ages: 3-6

Cost: \$3.00 for residents; \$8.00 for non

Location: Community Center

OWL - HAVE A HOOT OF A TIME PRESCHOOL PROGRAM

Friday, 1/10/14 at 10-11am

Whoop! Whoop! Who wants to explore the winter skies with an owl's eye view?! We will listen to owl calls and learn everything we need to know about our friends of the night. A hoot-in good time

will be had by all! An adult companion must attend. Registration required by 1/9.

Ages: 3-6

Cost: \$3.00 for residents; \$8.00 for non

Location: Community Center

A.S.S.E.R.T. FOR PRESCHOOLERS

Monday, 2/17/14 at 9-10:15am

A.S.S.E.R.T for preschoolers is a great way for parents to give their children practical child safety skills without being scary or threatening. In the class, children discover they have personal safety power to recognize safe adults, use their assertive powers, and how to make smart decisions so they can have a great life. Your child will learn how to recognize tricks, use their voice, make muscle memory, face their fears, and much more. The class is physical and involves running, jumping, yelling, and everything kids love. Kids discover that being safe involves having an excellent plan. More information may be seen at www.assertnow.org. Instructor: Assert Now, Inc. Registration required by 2/10.

Ages: 4-6

Cost: \$25.00 for residents; \$30.00 for non

Location: Community Center

GROUNDHOG DAY PRESCHOOL PROGRAM

Friday, 2/7/14 at 10-11am

By now the groundhogs have decided our spring but lets celebrate this special day. Together we will learn about the furry mammal, make a craft and play games in its honor! An adult companion must attend. Registration required by 2/6.

Ages: 3-6

Cost: \$3.00 for residents; \$8.00 for non

Location: Community Center

STROLLIN' & ROLLIN'

Tuesdays, 3/18 & 3/25 at 10-11am

Parents or caregivers can enjoy a brisk fitness walk on a paved trail led by the park district while your child enjoys a ride in their stroller. Participants must provide their own stroller. We will also provide a fun activity for the kids. This program is cancelled during inclement weather. No registration required.

Ages: Adults

Cost: FREE event

Location: Kehl Park

SPRING STARTER GARDEN

Wednesdays, 3/20, & 4/2 at 3-3:30pm

It's almost time for spring, be ready by planting seeds for your backyard or patio veggie garden! We will start you out with everything you need to have a green thumb this season. Registration required by 3/19 and 3/31.

Ages: 7 and up

Cost: \$3.00 for residents; \$5.00 for non

Location: Community Center

NATURE CLUB

Wednesday, 3/12/14 at 3-4pm

Are you a nature fan? Come learn the basics of being a young naturalist. We'll learn about the mammals of Ohio. Dress to be outside. Registration required by 3/11.

Ages: 7-10

Cost: \$3.00 for residents; \$8.00 for non

Location: Community Center

SPRING HAS SPRUNG PRESCHOOL PROGRAM

Friday, 3/14/14 at 10-11am

Spring is the season for everyone to come out of hibernation and into warmer temperatures! Let's celebrate by learning about the spring season and the plants that are sprouting! An adult companion must attend. Registration required by 3/13.

Ages: 3-6

Cost: \$3.00 for residents; \$8.00 for non

Location: Community Center



Tween and Teen Programs

TEAM GAME TAKE OVER CLUB

11/4, 12/16, 1/8, 2/3, 3/10 AT 3:45-5PM

Grab a friend and come ready for all sorts of games, active games, team games, board games, video games, you name it we will play it! Bring a water bottle and gym shoes to start gaming! Register 2 days before each "take over".

Ages: 10-14

Cost: \$3.00 for residents; \$5.00 for non

Location: Community Center

CREATIVE FUN WITH PAPER

Wednesdays, 11/6, 1/8, 2/12, & 3/12 at 3:30-5:30pm

Does your child enjoy crafts and creating unique items? Check out this fun and creative class! We will be using paper, embellishments, and a variety of household items to create our projects each month. This is an opportunity to learn about crafting tools, techniques, and tips for creating gift bags, note holders, covered composition books, scrapbook pages, and other fun-filled projects. Each class is different to provide the opportunity to attend one or all of the sessions.

Participants may also make suggestions to the instructor to consider for future sessions. Please bring scissors and adhesive such as a tape runner to class. Registration required by 10/28, 12/30, 2/3, & 3/3.

Ages: 11-18

Cost: \$10.00 for residents; \$15.00 for non (plus a \$5.00 Kit Fee paid directly to the instructor at the first class)

Location: Community Center

BABYSITTING

Friday, 11/15/13 or Monday, 1/20/14 at 9am-4pm

This course is designed for young adults who will be babysitting or providing child and infant care. You will learn emergency action steps, fire/water safety, infant care, and also CPR, basic first aid and choking management. The program will be taught by a certified Bellbrook Fire Department, American & Safety Health Institute (ASHI) instructor. Participants will receive certification cards for CPR; Basic First Aid & Child and Babysitting Safety (CABS) upon successful completion of the program. Bring a sack lunch. Registration required by 11/8 and 1/13.

Ages: 12-15

Cost: \$55.00 for residents; \$65.00 for non (includes certifications)

Location: Community Center

CRAFTIN' WITH DUCT TAPE

Wednesday, 11/13/13 & Thursday, 1/16/14 at 2:45-3:45pm

Tweens and teens will have a chance to create some useful designs and explore the trends of duct tape. Supplies are included. Registration required by 11/18 & 1/14.

Age: 10 and up

Cost: \$5.00 for residents; \$10.00 for non

Location: Community Center

KIDS KNITTERS 4 BEGINNERS!

11/6, 11/20, 12/11, 1/20, 1/29 and 2/14 at 3pm-4pm

Knitting is a positive hobby your child will have for years to come! Knitting promotes healthy fine motor skills, brain development and relaxation. They will learn basic knitting in a fun atmosphere. Register 2 days before each class.

Ages: 8-15

Cost: \$15.00 for residents; \$25.00 for non (costs includes take home supplies)

Location: Community Center

NO SEW COMFY THROW

Wednesday, 12/4/13 at 3:15-4:30pm

Winter means it's chilly outside. Cuddle up with your very own No Sew Comfy Throw. Supplies are included. Please bring your own sewing shears and a ruler. Registration required by 11/27.

Ages: 10 and up

Cost: \$15.00 for residents; \$20.00 for non

Location: Community Center

AFTER SCHOOL PHOTO CLUB

2/24, 3/3, 3/31, 4/14, 4/28, 5/12
at 3:45-5pm

Are you interested in discovering the art of photography? Bring your point and shoot camera of any kind and capture the beauty of the parks by learning the basics of photography. Dress for the weather as we explore the parks for the perfect shot! We will also hold an open house to display your work to friends, family and community members on 10/30. Registration required by 2/14.

Ages: 11-15

Cost: \$20.00 for residents; \$30.00 for non (includes 12 prints and mounting)

Location: Various Locations

RAGS TO RICHES! – GLAMOROUS RE-PURPOSED ITEMS

Friday, 1/3 or 2/19 at 12:30-2pm

Turn left over fabrics into useful and unusual works of art. We will create fun purses, bowls and clothing! This trendy "re-purposed" class will give you a new perspective! All supplies included. Please bring your own fabric scissors. Register 2 days before the program.

Ages: 12 and up

Cost: \$10.00 for residents; \$15.00 for non

Location: Community Center

SURVIVAL BRACELETS

Wednesday, 1/3 or 2/19 at 2:30-3:30pm

Whether you are trying to survive a tough

day in the wilderness or the fashion trends at school, we can help! We have paracord for you to use in whatever color you need to survive. Registration required by 2/14.

Ages: 10 and up

Cost: \$5.00 for residents; \$10.00 for non

Location: Community Center

HOMESCHOOLERS ECO CRAFT DAY

Wednesday, 2/27 at 10am-11am

This art program is geared towards homeschool students. We will create fun projects out of things you can find at home. All supplies included. Please bring your own fabric scissors. Registration required by 3/10.

Ages: 10 and up

Cost: \$10.00 for residents; \$15.00 for non

Location: Community Center

2751 Washington Mill Rd. • Bellbrook, Ohio 45305
PHONE 937-848-3535 • FAX 937-848-6252
www.bellbrook-sugarcreekparks.org

Registration Form

NAME OF PARTICIPANT: _____

BIRTH DATE (Required of all participants) Month/Day/Year: _____

PARENT'S NAME (For Minors Only): _____ PHONE: _____

ADDRESS/CITY: _____ ZIP _____

EMAIL ADDRESS (Required for enrollment confirmation): _____ Would you like to be on our email list? yes ___ no ___

REQUIRED INFORMATION

Emergency Contact Name: _____ Phone: _____

Special Circumstances: _____

Medical Information (allergies, medications, etc.): _____

CLASS	DATE & TIME	FEE

TOTAL ENCLOSED _____

PHOTO RELEASE By participating in any BSPD program, I hereby agree to allow photographs to be taken of me or my child and to permit the BSPD to use any photographs for promotional reasons.

WEATHER RELATED CANCELLATIONS If Sugarcreek Local Schools are closed on any weather emergency day that affects road conditions (i.e. snow storms) programs or classes will be cancelled. Please also watch for updates on the local news channels.

CANCELLATION/REFUND Credit towards future fees will be issued in lieu of refunds. A full refund will be issued for programs cancelled by the BSPD.

WAIVER FOR PARTICIPANT I hereby agree to hold harmless and release the Bellbrook-Sugarcreek Park District (BSPD), all its agents and employees, and owners of property managed by BSPD for any loss, damage, injury and expenses as may arise or be caused in any way by my or my child's participation in programs / use of property associated with BSPD.

SIGNATURE & Date (Required)

 X
Participant MUST sign. (If participant is under 18, this waiver must be signed by parent or guardian.)

Summer/Fall 2013 CALENDAR OF EVENTS

NOVEMBER 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					Tails to Trails 9-10am 1	2
3	Team Game Takeover 3:45-5pm Karate 6-7pm 4	Election Day NO CLASSES 5	Breakfast with Nature 10-11am Kids Knitting 2:30-3:30pm Creative Fun with Paper 3:30-5:30pm Knitting 101 5-6pm 6	Gentle Yoga new session 11:30-1pm Karate 6-7pm Holiday Card Class 1-3pm or 7-9pm 7	Family Movie Night 6:30pm 8	ASSERT 10am-12pm 9
10	Karate 6-7pm 11	Zumba Toning 7-8pm 12	Craftin' with Duct Tape 2:45-3:45pm Meditation new session 7-8:30pm 13	Simple TY cards/ Favors 1-3pm Karate 6-7pm 14	Babysitting 9-4pm T-shirt Decorating 2:45-3:45pm Hunters in the Sky 7-8pm 15	16
17	Karate 6-7pm 18	Zumba Toning 7-8pm Hatha Yoga new session 7-8:30pm 19	Kids Knitting 3-4pm Knitting 101 5-6pm Family book, CD, and movie swap 6-7pm 20	Holiday Tag Class 1-3pm or 7-9pm Karate 6-7pm 21	Birds of a Feather 10-11am 22	23
24	Karate 6-7pm 25	Zumba Toning 7-8pm 26	Picture Frame Decorating 10-11am 27	CLOSED For Thanksgiving NO CLASSES 28	CLOSED For Thanksgiving NO CLASSES 29	30

DECEMBER 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	Karate 6-7pm 2	Knitting 101 5-6pm Zumba Toning 7-8pm 3	No Sew Comfy Throw 3:15-4:30pm 4	Karate 6-7pm 5	Winter Wonderland Preschool Program 10-11am 6	Holiday Nature Crafts 7-8pm 7
8	Karate 6-7pm 9	Zumba Toning 7-8pm 10	Knitting for Beginners 3-4pm 11	Karate 6-7pm 12	Family Movie Night 6:30pm 13	Christmas in the Park 5-7pm 14
15	Team Game Takeover 3:45-5pm Karate 6-7pm 16	Zumba Toning 7-8pm 17	T-shirt Decorating 2:45-3:45pm Knitting 101 5-6pm 18	19	20	21
22	23	CLOSED For Christmas Eve NO CLASSES 24	CLOSED For Christmas Day NO CLASSES 25	26	27	28
29	30	CLOSED For New Year's Eve NO CLASSES 31				

Summer/Fall 2013 CALENDAR OF EVENTS

JANUARY 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			CLOSED For New Year's Day NO CLASSES 1	Gentle Yoga New Session 11:30am-1pm Karate 6-7pm 2	Rags to Riches! 12:30-2pm Survival Bracelets 2:30-3:30pm 3	4
5	Karate 6-7pm 6	Hatha Yoga new session 7-8:30pm Zumba Toning 7-8pm 7	Team Game Take Over 3:45-5pm Creative Fun with Paper 3:30-5:30pm Meditation new session 7-8:30pm 8	Karate 6-7pm 9	Owl have a Hoot 10-11am 10	Stargazing 5:30-7:30pm 11
Sundaes on Sunday 2-4pm 12	Karate 6-7pm 13	Zumba Toning 7-8pm 14	Knitting 101 5-6pm 15	Craftin with Duct Tape 2:45-3:45pm Karate 6-7pm 16	Family Movie Night 6:30pm 17	18
19	Babysitting 9-4pm Breakfast with Nature 10-11am Kids Knitting 3-4pm Karate 6-7pm 20	Zumba Toning 7-8pm 21	22	Karate 6-7pm 23	24	ROCK Our World: exhibits to go 7-8pm 25
26	Knitting 101 5-6pm Karate 6-7pm 27	Zumba Toning 7-8pm 28	Kids Knitting 3-4pm 29	Karate 6-7pm 30	31	

FEBRUARY 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	Team Game Take Over 3:45-5pm Karate 6-7pm 3	Zumba Toning 7-8pm 4	5	Karate 6-7pm 6	Groundhog Day Preschool Program 10-11am 7	8
9	Karate 6-7pm 10	Zumba Toning 7-8pm 11	Creative Tags & Cards 1-3pm Creative Fun with Paper 3:30-5:30pm 12	Gentle Yoga new session 11:30am-1pm Karate 6-7pm 13	Kids Knitting 3-4pm 14	15
16	ASSERT 9-10:15am & 10:45am-12:45pm Breakfast with Nature 10-11am Wonderful Winter Birds 1:30-3pm 17	Hatha Yoga new session 7-8:30pm Zumba Toning 7-8pm 18	Rags to Riches 12:30-2pm Survival Bracelets 2:30-3:30pm Meditation new session 7-8:30pm 19	Karate 6-7pm 20	Family Movie Night 6:30pm 21	Food, Fitness, and Fun 7-8pm 22
23	Photo Club 3:45-5pm Karate 6-7pm 24	Zumba Toning 7-8pm 25	Hatha Yoga (new 6 wks) 7-8:30pm 26	Home school Eco-craft 10-11am Karate 6-7pm 27	28	

Fall/Winter 2013 -2014 Newsletter



Online Registration is now available!

We are pleased to announce that we now offer online registration for all programs! You can also check the status of park shelters to better prepare for your next gathering at one of our 7 shelters. You can register for programs by visiting our website and clicking on the "RecDesk" green and white logo to get started..



Thank You Corner

The Bellbrook-Sugarcreek Park District would like to thank the following individuals/businesses for their recent support:

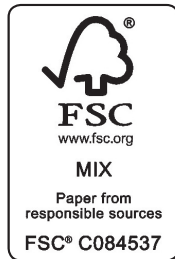
- Thank you to everyone who made Halloween in the Park a huge success!
- All of our seasonal workers - we appreciated your hard work! Hope to see you in 2014
- MVAS for leading their stargazing program in September
- Bellbrook Fire Department, Sugarcreek Local Schools, and Sugarcreek Township Fire Department for advertising various programs
- Girl Scout Shannan Clemans for organizing the Outdoor Survival Skills Camp as her Gold Award
- Scout Vincent Tong for his restoration and GPS locations of the blue bird houses throughout the parks for his Eagle Scout project

Volunteer Opportunities

"Volunteer Opportunities" Programs and projects are available for all ages, students, scout groups and organizations! Contact Alison Jenks-Pifer at (937) 848-3535 or ajenks@bellbrooksugarcreekparks.org to find out what is available this season! Volunteers are always needed.

**The Bellbrook-Sugarcreek
Park District**
2751 Washington Mill Rd.
Bellbrook, Ohio 45305

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2013 Volunteers of the Year.

The Bellbrook Sugarcreek Park District would like to recognize Jessica Blankenship as the 2013 Youth Volunteer of the Year and Kathy Gall as the 2013 Adult Volunteer of the Year. Thank you, Jessica and Kathy for your hard work, time, and commitment to the community and the park district

Jessica Blankenship

Jessica began volunteering for the Park District in the spring of 2010. This past year she has dedicated many hours volunteering at monthly and weekly programs including Family Movie Night, preschool programs and multiple summer camps. She also assisted our program staff with special events and programs including spring starter garden, nature games, bug bonanza, prep work leading up to special events. Jessica is always excited to jump in to help with any program with a positive attitude.



Kathy Gall

is an Ohio Certified Volunteer Naturalist and Master Gardener for Greene County. This past year, Kathy assisted the park district with numerous programs such as preschool activities, led a nature club lesson, assisted with Peek at the Creek, and helped at Monarch Madness. She planned the lessons and led four of our Nature Explorers camps. She also found time to assist with the maintenance and watering needs of the plants at the Petrikis butterfly garden.

